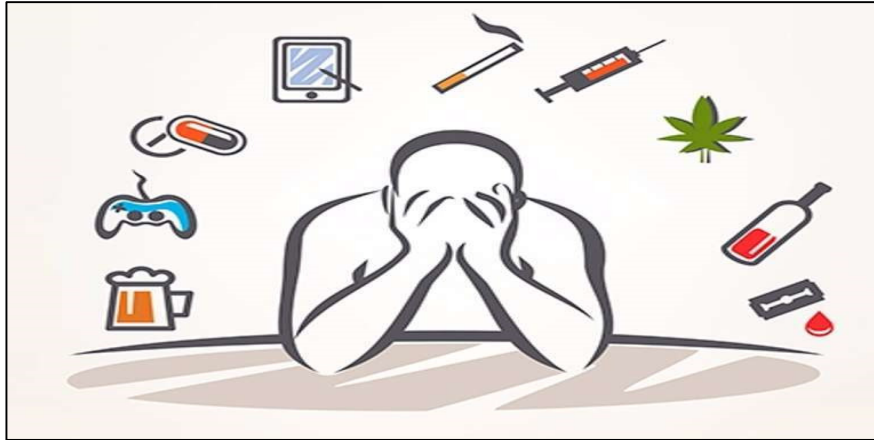


# ADDICTIONS ASSIGNMENT



Substance Abuse and Addictive behaviours will have an effect on all aspects (eg. Physical, emotional, cognitive, spiritual, social, economic) of a person’s health and well-being. Addictions affect people from all social, economic, and cultural groups and may have consequences not only for the individuals involved but also for their peers, families, neighbourhoods, and communities (locally, nationally and internationally). It is imperative that we learn and apply adaptive, coping, and management skills to respond to challenging situations involving substance use, addictions and related behaviours.

## PART 1

Choose **TWO** of the common types of addiction listed below and discuss in detail all of the possible impacts that addiction may have on physical health (brain included), personal relationships, violence or crime, and costs to society (health care costs, policing, time off work...). Your research/feedback must include 3 impacts for each topic area.

*See links below for more information on each topic that will help stimulate your analysis.*

### COMMON ADDICTIONS:

**Alcohol    Smoking    Vaping    Illicit Drugs    Pornography    Gambling    Gaming**

Alcohol: <https://www.drugfreeworld.org/drugfacts/alcohol/what-is-alcohol-dependence.html>

Smoking: <https://www.youtube.com/watch?v=GtmKYg8q3G8>

Vaping: <https://www.youtube.com/watch?v=hFuO1i3ijEo>

Drugs: <http://archives.drugabuse.gov/about/welcome/aboutdrugabuse/magnitude/>

Pornography: <http://www.fightthenewdrug.org/get-the-facts/>

Gambling: <http://www.calpg.org/societal-impact-of-problem-gambling/>

Gaming: <http://www.techaddiction.ca/video-game-addiction.html>

<b><u>TOTAL MARKS</u></b>	
Knowledge	<b>/48</b>
Thinking	<b>/10</b>
Communication	<b>/10</b>
<b>TOTAL</b>	<b>/68</b>



# ADDICTIONS ASSIGNMENT



**1<sup>ST</sup> ADDICTION:** \_\_\_\_\_

TOPIC	IMPACT OF ADDICTION
Physical Health	
Relationships	
Violence / Crime	
Costs to Society	

**/6**

**KNOWLEDGE**

**/6**

**KNOWLEDGE**

**/6**

**KNOWLEDGE**

**/6**

**KNOWLEDGE**



# ADDICTIONS ASSIGNMENT



**2<sup>ND</sup> ADDICTION:** \_\_\_\_\_

TOPIC	IMPACT OF ADDICTION
Physical Health	
Relationships	
Violence / Crime	
Costs to Society	

**/6**  
KNOWLEDGE

**/6**  
KNOWLEDGE

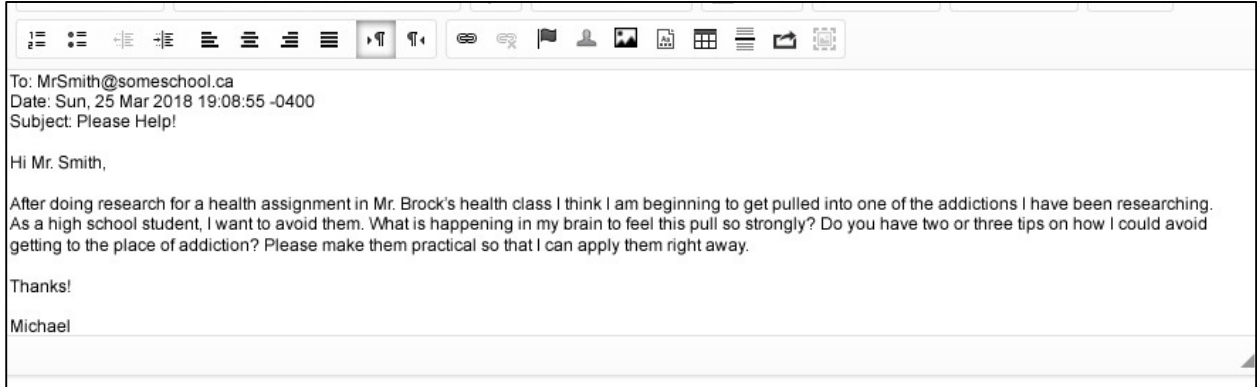
**/6**  
KNOWLEDGE

**/6**  
KNOWLEDGE

# **PART 2**



You have recently begun a new job as a High School Guidance Counsellor. A few days into your new job you receive the email below from a student in your school. You must respond to the email in one or two paragraphs, answering the student's questions and providing them with some help and tips to respond to challenging situations involving substance use, addictions and related behaviours.



## **YOUR RESPONSE:**

